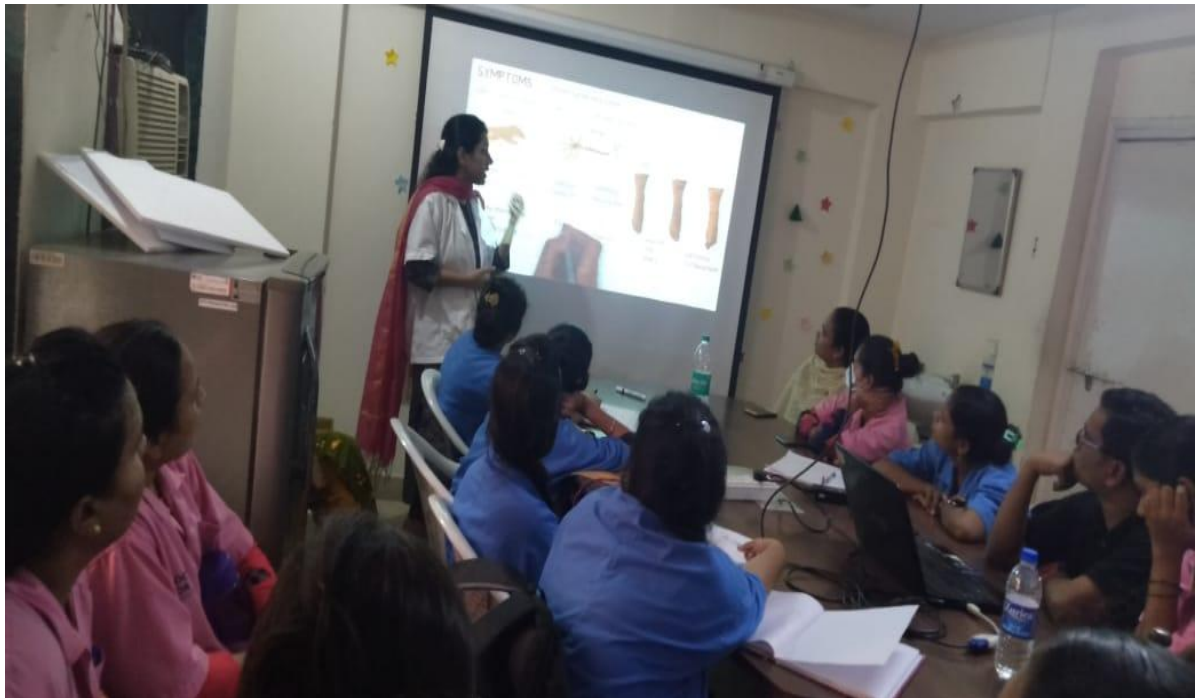


Monthly Report January 2020



Dr. Rachana giving lecture on World Leprosy Eradication Day

Special OPD s	Patients Availing services at LB	Patients Availing services at NP
General OPD	1343	713
Gynecology (ANC + OPD + Family Planning)	29	221
Immunization (ANC + Routine)	385	168
De-worming	200	200
Vitamin A	100	90
Dermatology	11	-
Dental	345	78
Ophthalmology	70	-
Diabetes and Hypertension ^{new}	261	17
General Physiotherapy	223	-
Disability rehabilitation new	223	-
Malnutrition	1084	79
Health Camps ^{new}	144	-
Tuberculosis (OPD ^{new} & individual & family counseling & home visits)	215	285
Pathology	94	115
Total	4727	1966

Total Patients Availed services at DFY Lallubhai Compound Center	Total Patients Availed services at DFY Natwar Parikh Center	Total Patients Availed services at the 2 DFY Centers
4727	1966	6693

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1.0 Introduction

Mumbai Railway Vikas Corporation (MRVC), MMRDA & Doctors for You (DFY) have been working in the M-east ward of Mumbai for the past three years for improvement in the socio economic and health indicators of the PAP's resettlement colonies. The interventions are being carried out through two health centers in the area. The Health centre in Natwar Parikh Area is functional since 2010 and in Lallubhai compound since 2013. The services are provided on daily basis by the team of doctors, paramedical staffs and outreach workers. The services are provided at the health centers on daily basis like general OPD, dental OPD, Tuberculosis treatment, Immunization, Growth monitoring OPD, family planning and maternal & child health services.

In the health centre at Lallubhai compound specialized services i.e. physiotherapy and disability rehabilitation, Gynecology clinic, Eye clinic and Skin disease, Psychiatric, heart ailments treatment etc. are also provided. The OPD services are backed up by laboratory services and pharmacy. With the opening of health centre, quality health services are easily accessible and affordable to residents of these PAP's resettlement colonies and nearby slum areas. DFY have now been providing health care services to more than 1.5 lakh populations.

Apart from services at the health centre, health services and awareness activities are also organized in the area through community meetings, rally, and street plays etc. The main aim of the project is to provide preventive and curative health care services to all.

2.0 Highlights of the month

2.1 Immunization Camp : The Immunization Camp was conducted in MRVC Health Centre on 04th January 2020. Total 35 kids benefitted from this camp. The mothers were informed about the importance of vaccines & the next vaccine schedule for their baby.

2.2 **World Leprosy Eradication Day** : Dr. Rachana Lakhani had a lecture on World Leprosy Eradication Day (9th January, 2020). The session was conducted for the staffs. The following topics were presented with the help of Audio-Visual Aids:

- Causes of leprosy
- Symptoms of leprosy
- Types of leprosy
- Treatment of leprosy

2.3 **Health Assistant Training** : Dr. Rachana Lakhani gave the lecture for Health Assistants regarding vaccination and Immunization. Sister Manisha has given practical session. Students were practiced on dummy.

2.4 **Oral Cancer and Hygiene Screening & Awareness Camp**: On 18th January, 2020, Dr. Azmera and team conducted a camp at school near the Centre. Camp was specially conducted for the prevention of oral cancer and cleaning of teeth in a proper way especially in children. Conducted screening for the 05 to 15 age group children. Total 144 children were screened.

2.5 **National Girl Child Day**: On National Girl Child Day (24th January, 2020), a free registration service given to the girls at Lallubhai Centre. The program was mainly conducted for the age group of 00 to 16-year-old girls.

2.6 **Indian Army Day (Drawing activity)**: Students from Bright Future Institute visited the center on 24th January, 2020. Total 31 students were participated in this event. After the center orientation, had a small session regarding the services of Indian Army & Doctors. All students gave their feedback through drawing and written form about the Medical/Social Services.

2.7 **Swachh Bharat Abhiyan**: The entire staff of DFY engaged in Swachh Bharat Abhiyan activity every month on 2nd & 4th Saturday. All staff wore their gloves & masks before starting the cleaning.

3.0 Project Status and Statistical Data

The area wise details of health care activities undertaken by DFY are given below:

3.1 Statistical Data of Health Centre based activities

Table 3.1.1 General OPD services at Lallubhai Compound Colony Centre

Sr. no.	Particulars	January 2020	Year 2019-20	January 2019	Year 2018-19	Total Since 2012
1	G.OPD Patients	1343	36489	1776	42150	151953
2	Male Patients	464	12069	573	14538	57398
3	Female Patients	879	23420	1203	27612	93050
4	Children Below 5	277	4248	153	5316	23300
5	Children b/w 5 and 12 years	87	2160	104	2677	14388
6	Patients Above 60 Years	277	8884	474	14161	30375
7	New Patients	746	15532	798	28578	28622
8	Follow up Patients	597	20083	978	13572	47904
9	Existing-TB Patients visit	108	1991	97	980	2252
10	T.B Patient Nutrition Kits	171	4267	674	674	4267
11	Malnutrition Kids Visit	1084	11620	978	5932	13095

Table 3.1.2 MCH services at Lallubhai Compound Centre

Sr. No.	Particulars	January 2020	Year 2019-20	January 2019	Year 2018-19	Total Since 2012
1	ANC check-up	15	720	58	952	2977
2	Family Planning Services	6	1322	140	1370	6427
3	Immunization Services(ANC+ Routine)	385	9319	62	5316	20418
4	Vitamin A Supplementation	100	2757	112	2414	12065
5	De-worming Services	200	4191	216	3893	15954

Table 3.1.3 General OPD services at Natwar Parikh Compound Colony Centre

Sl. No.	Particulars	January 2020	Year 2019-20	January 2019	Year 2018-19	Total Since 2012
1	G.OPD Patients	713	19039	486	24336	869499
2	Male Patients	275	6335	208	8334	34269
3	Female Patients	438	12704	278	15942	58405
4	Children Below 5 year	122	2322	74	2545	16070
5	Children b/w 5 to12 years	55	1955	52	2439	11580
6	Patients Above 60 Years	536	2998	48	2322	8787
7	New Patients	430	12231	442	13976	21646
8	Follow up Patients	283	6808	44	9655	33533
9	Existing-TB Patients visit	55	687	96	489	1166
10	T.B Patient Nutrition Kits	120	2162	192	192	2364
11	Malnutrition Kids Visit	79	622	15	454	1532

Table 3.1.4 MCH services at Natwar Parikh Compound Centre

Sl No.	Particulars	January 2020	Year 2019-20	January 2019	Year 2018-19	Total Since 2012
1	ANC check-up	27	669	14	804	2249
2	Family Planning Services	147	3499	71	2319	7671
3	Immunization Services (ANC+ Routine)	168	2444	125	2150	9639
4	Vitamin A Supplementation	90	1517	84	1242	6801
5	De-worming Service	200	3811	101	2540	11396

3.2 Statistical data of Dental Care Service

Table 3.2.1 Dental care services at Lallubhai Compound Centre

Sl. No	Particulars	January 2020	Year 2019-20	Total Since Oct 2012
1	Total OPD patients	345	10527	30799
2	X-Ray taken	25	711	1706
3	Extraction Done	26	873	3165
4	Restoration Done	13	353	995
5	Scaling done	17	269	876
6	RCT	22	586	2482

Table 3.2.2 Dental care services at Natwar Parikh Centre

SI No.	Particulars	January 2020	Year 2019-20	Total Since Oct 2012
1	Total OPD patients	78	2245	4891
2	X- Ray taken	04	175	444
3	Extraction Done	11	238	613
4	Restoration Done	0	61	335
5	Scaling done	0	80	183
6	RCT	0	96	209

3.3 Statistical data of Ophthalmic (Eye OPD) Services

The Eye Clinic in was inaugurated in August 2014 at MRVC Health center Lallubhai. The ophthalmic services are provided once a week on Saturday.

Table No. 3.3.1 Eye Clinic (Ophthalmic) Services at Lallubhai Compound

Sl. No.	Health Centre	Patients
1	Lallubhai Compound	70

3.4 Statistical Data of Gynecology Services

The Gynecology Clinic was inaugurated in September 2014 at MRVC Health Centre, Lallubhai.

Table No.3.4.1 Gynecology Services at Lallubhai and Natwar Parikh Compound

Sl. No.	Health Centre	Patients
1	Lallubhai Compound	12
2	Natwar Parikh	47
	Total	59

3.5 Statistical data of Dermatology (Skin OPD) services

The Skin OPD (Dermatology) services were started at MRVC Health Centre, Lallubhai Compound in July 2015. The same service has been started at Natwar Parikh from September 2016.

Table No.3.5.1 Dermatology (Skin OPD) Services at Lallubhai and Natwar Parikh Compound.

Sl. No.	Health Centre	Patients
1	Lallubhai Compound	11
	Total	11

3.6 Statistical data of Diabetes and Hypertension Services

Diabetes and Hypertension services were started at MRVC Health centre, Lallubhai Compound and Natwar Parikh centers from August 2016.

Table No. 3.6.1. Non-Communicable Disease (NCD) Diabetes & Hypertension OPD Services

Sl. No.	Health Centre	Patients
1	Lallubhai Compound	321
2	Natwar Parikh	17
	Total	338

Table No. 3.6.3. Chronic OPD New

Sl. No.	Health Centre	New Patient	Follow up Pt.
1	Lallubhai Compound	-	3
2	Natwar Parikh	-	8
	Total		11

3.7 Statistical Data of Physiotherapy & Disability Rehabilitation Care Service

3.7.1 General Physiotherapy: In this department patients with joint pain and muscle pain are provided with Physiotherapy based treatment.

Table 3.7.1.1 General Physiotherapy Clinic at Lallubhai compound center.

Sl. No.	Conditions Treated	Patient No.
1	Spine	26
2	Knee Pain	26
3	Upper Limb	59

4	Lower Limb	32
5	Post-Surgery	31
6	Neck Pain	27
7	Weight gain	5
8	Fracture	17
Total		223

3.7.2 Disability Rehabilitation Department: In these departmental neurological and pediatric patients with disability conditions are provided with Physiotherapy services.

Table 3.7.2.1 Disability Rehabilitation Clinic at Lallubhai Compound Centre

Sl no.	Conditions Treated	Number of Patients
1	Cardio-Vascular Accidents	113
2	Cerebral Palsy/ Hydrocephalus	29
3	Duchene's Muscular Dystrophy	12
4	Delayed Milestone	18
5	Down Syndrome/ Hemiparesn	13
6	Post Seizure	23
7	Paraplegia	15
Total		223

3.8 Statistical Data of Children under Five Clinics

This clinic was started for the children of 0-5year age group. This group is the most vulnerable age group for malnutrition and subsequent mortality due to under nutrition complicated by infections. The aim of Under-five Clinic is to promote health of mother and children of this age group.

Services:

- **Measurement of Height and weight**
- **Treatment of common conditions of mother and child**
- **Assessment of immunization status**
- **Provide nutritional education to mother**
- **To provide family planning counseling and services**

In this clinic both mother and child are provided comprehensive health care services at free of cost. Since this is health promotion clinic, mother is asked to follow up every month with child for growth monitoring.

Table 3.8.1 under 5 Clinic at Lallubhai Compound Centre

Category	Male	Female	Total
Normal	398	419	817
Moderate Acute Malnutrition (MAM)	78	71	149
Sever Acute Malnutrition (SAM)	59	59	118
Total	535	549	1084

Table 3.8.2 under 5 Clinics at Natwar Parikh Compound Centre

Category	Male	Female	Total
Normal	20	23	43
Moderate Acute Malnutrition (MAM)	9	13	22
Severe Acute Malnutrition (SAM)	5	9	14
Total	34	45	79

3.9 Statistical data of Immunization Services

Target to achieve 100% immunization coverage of 0-5 age group children.

Table 3.9.1 Immunization Services (0-5 age group children)

Sl. No.	Health Centre	Number of children Immunized
1	Lallubhai Compound	385

2	Natwar Parikh	168
	Total	553

3.10 Statistical Data of Special Community Outreach Services and Health Camp

Table3.10.1 Special Community Outreach Services and Health Camp Statistics

SI No.	Date	Place	Beneficiaries
1	4 th Jan,2020	Dental Camp at Hedawali	56
2	10 th Jan,2020	Ophthal Camp at Hedawali	60
3	22 nd Jan,2020	Dental Camp at Hedawali	114
4	18 th Jan,2020	Karunya Trust Camp	144
		Total	374

3.11 Statistical data of Community Awareness on TB Project (Outreach service)

Table No. 3.11.1 Community Awareness on TB Project (Outreach service) at Lallubhai Compound Centre

SI No.	Activity	Beneficiary
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1	New Registrations	0
2	Existing Patients	108
3	Counseling of Individuals and their Family Members	70
4	Home Visits of the TB patients	0
5	T.B Nutrition kits distribution	171

Table No.3.11.2. Community Awareness on TB Project (Outreach service) at Natwar Parikh Compound Centre

Sl No.	Activity	Beneficiary
1	New Registrations	11
2	Existing Patients	55
3	Counseling of Individuals and their Family Members	219
4	T.B Nutrition Kits Distribution	120

Activities and Topics are covered:

- 1. Home environment:** Importance of environment such as space, ventilation, overcrowding in the prevention of spread of TB.
- 2. Medicines:** DOTS provider explains importance of adherence to treatment and completing the complete course of AKT. They also emphasize the problem associated with irregular treatment and defaulter.

3. Awareness among family members: The family members are educated about mode of TB transmission, precaution to be taken to prevent spread of disease and importance of timely intake of medicines and development of drug resistance due to incomplete and inadequate treatment. Family members were also advised to visit the health centre in case of symptoms such as Cough (>2Weeks), Fever and decreased appetite.

3.12. Family Planning Services

Table No. 3.12.1 Family Planning Services

Centre	Oral Contraceptives		Condoms		Copper T	
	Jan-2020	Since Nov 2013	Jan-2020	Since Nov 2013	Jan-2020	Since Nov 2013
Lallubhai Compound	02	714	04	4429	-	135
Natwar Parikh	37	917	110	4916	-	14

3.13 Statistical Data of Pathology Department

Table No. 3.13.1 Pathology Department

Centre	Beneficiary
Lallubhai Compound	94
Natwar Parikh	115

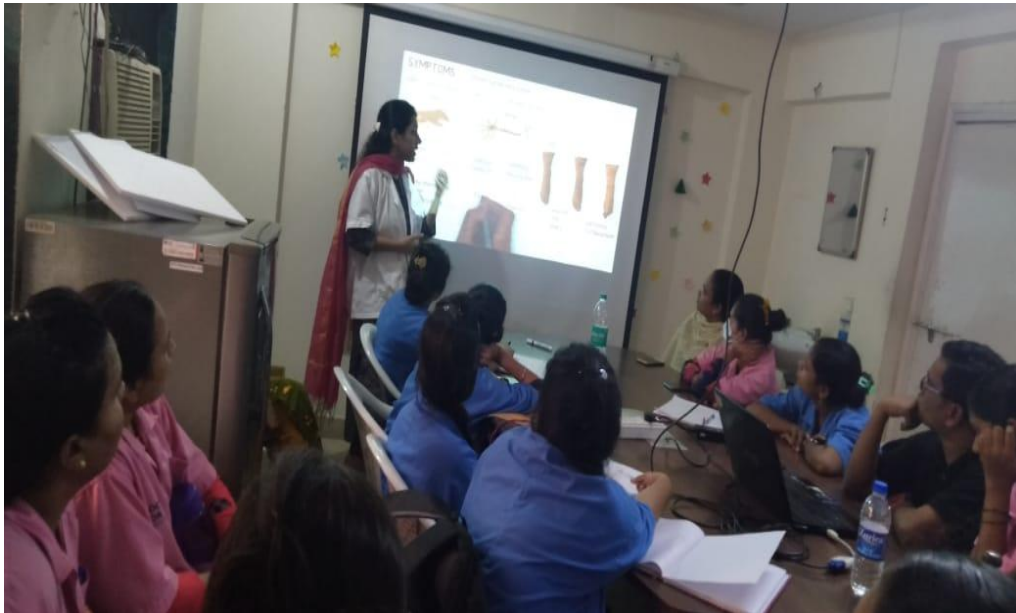
4.0 Project Gallery:



1.1 Sister Manisha conducting Immunization camp



2 Dr. Rachana giving lecture on World Leprosy Eradication Day





1.4 Dr. Azmera while Screening dental patients



1.5 Receptionist giving free case paper to the girls.



1.6 Snaps of Students while drawing



1.7 Sample of students drawing



1.8 Snaps during Cleaning