The report on CSR activities being carried out by the Corporation during September, 2024 to October, 2024 is submitted as under: -

## 1. HEALTH CARE SERVICES

i. "Doctors for you" - The Corporation runs Health Centre in the R&R Mankhurd in association with "Doctors for you" where various health care services are provided to the local public at highly subsidized cost. The services are provided at the health centre on daily basis, like general OPD, dental OPD, Tuberculosis treatment, Immunization, Growth monitoring OPD, family planning and maternal & child health services. In the health centre at Lallubhai compound, specialized services i.e. physiotherapy and disability rehabilitation, Gynecology clinic, Eye clinic and Skin disease, Psychiatric, heart ailment treatment etc. are also provided. The OPD services are backed up by laboratory services and pharmacy. With the opening of this health centre, quality health services are easily accessible and affordable to residents of these PAP resettlement colonies and nearby slum areas. The Health Centre has provided health care services to more than 7.5 lakh persons since its inception.

Various health care services undertaken during the period September-24 to October-2024 are detailed below:

Sl.	Particulars	No. of Patients
No		(Sept'24 to Oct '24)
1	General OPD	3002
2	Maternal and child health	1255
3	Dental Clinic	542
4	General Physiotherapy	638
5	Special OPD	225
6	Under Five OPD	1054
7	TB Clinic	3178
8	Pathology	743
	TOTAL	10637

# Maternal and Child Health Care:

#### • Antenatal care to Pregnant Women:

Continuum of care approach is used to provide maternal and child health services at the center which includes services for – reproductive age women, maternal (Antenatal care for pregnant women), newborn care, child health services (immunization). All the female reproductive issues like Pelvic Inflammatory disease, infertility, reproductive tract infections are managed by the Gynecologist at the health centre which runs twice a week.

#### • Immunization services:

Immunization services are provided at both the Centre and in the field through outreach services. Routine Immunization is carried out at the center twice a week on Monday and Thursday, while outreach immunization in the field is carried out on daily basis for under five years age of children.

• Vitamin A Supplementation to prevent blindness and infections in children:

Vitamin A deficiency can cause visual impairment like night blindness and increase risk of infection in children. Vitamin A Deficiency affects about 190 million preschool age children (as per WHO e-library of Evidence for Nutrition Actions). Vitamin A is supplemented with immunization.

## • Physiotherapy Clinic Services:

The everyday provision of physiotherapy services includes both general rehabilitation and disability rehabilitation. While neurological rehabilitation encompasses stroke and Cerebral Palsy patients with developmental delay in children, general physiotherapy treatments include joint-muscle discomfort, sports injury, agronomical counselling, and posture improvements.

#### • Special OPD Services

Special OPD includes Ophthalmic, Gynecology, and Dermatology OPD which are operated weekly on allotted days. Ophthalmology once a week. Gynecology OPD twice in a Month. Dermatology OPD once a week.

- Tuberculosis: Activities at the Centre for Tuberculosis.
- 1. Home environment: Importance of environment (such as space, ventilation and overcrowding) in the prevention of the spread of TB. Further, DOTS provider explains the importance of adherence to treatment and completing the complete course of AKT. They also emphasize the problem associated with irregular treatment and defaulter.
- 2. Awareness among family members:- The family members are educated about mode of TB transmission, precaution to be taken to prevent the spread of disease and Importance of timely intake of medicines and development of drug resistance due to incomplete and inadequate treatment. Family members are also advised to visit the health center in case of symptoms such as Cough (>2Weeks), Fever and decreased appetite.

#### • INVESTIGATION SERVICES

DFY offers reasonable blood test services daily. To give the community access to health centers that offer additional investigative services, DFY additionally provides X-ray and ECG services to the community people.

## ii. Nana Palkar Smruti Sadan

Breast cancer ranks at number one, amongst all cancer cases in India. Biennial screening is recommended to enhance early detection of breast cancer. Lack of awareness, cost and availability of services is a hindering factor to undergo screening. This foundation provides free camps for awareness and screening of Breast Cancer to women with the help of a Breast Screening mobile van with high-quality portable breast cancer screening solutions at their doorstep to increase accessibility and encourage these women to get themselves tested.

The details of camps held by Nana Palkar Smruti Sadan with the support of MRVC from September- 2024 & October- 2024 is as under:

Sr. No	Month	No. of	No. of
		Camps	Patients
1	September	8	214
2	October	12	323

### **FOOD & NUTRITION**

**HMK** charitable foundation - This Charitable foundation runs an initiative called 'Akshaya Chaitanya' to provide healthy and nutritious meals to children in municipal schools to arrest classroom hunger for better learning outcome under the project name "Bal Shiksha Ahara". MRVC is supporting the initiative for schools around its re-settlement colonies in Chembur/Mankhurd/Govandi areas.

The summary of meals served between September- 2024 & October- 2024 is as under.

Name of the schools	Meals provided between	
	September- 2024 & October-2024	
Chembur station Marathi Secondary school	2388	
Chembur Station Urdu Secondary School	4740	
Chembur Ghatla Secondary School	1800	
TOTAL	8929	

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