

## **Report on CSR and sustainable Development for October – 2023 to Dec- 2023**

### **1. Health Care Services**

The Corporation runs Health Centre in the R&R Mankhurd in association with "Doctors for you" where various health care services are provided to the local public at highly subsidized cost.

MRVC Health Centre at Lallubhai Compound, Mankhurd is functional since 2013. The services are provided at the health centres on daily basis, like general OPD, dental OPD, Tuberculosis treatment, Immunization, Growth monitoring OPD, family planning and maternal & child health services. In the health centre at Lallubhai compound, specialized services i.e. physiotherapy and disability rehabilitation, Gynecology clinic, Eye clinic and Skin disease, Psychiatric, heart ailment treatment etc. are also provided. The OPD services are backed up by laboratory services and pharmacy. With the opening of this health centre, quality health services are easily accessible and affordable to residents of these PAP resettlement colonies and nearby slum areas. The Health Centre has been providing health care services to more than 7.5 lakh persons since its inception.

Various health care services undertaken during the period **Oct -2023 to Dec-23** are detailed below:

Sr. No.	Particulars	No.of Patients (Oct 23-Dec-23)
1	General OPD	5329
2	Maternal and child health	2163
3	Dental Clinic	690
4	General Physiotherapy	1355
5	Special OPD	297
6	Under Five OPD	1728
7	TB Clinic	8734
8	Pathology	1260
9	Sonography	0

Total Number of Patients that availed services at Health Centre in Lallubhai compound from the month of Oct -2023 to Dec -2023 – **21556 Beneficiaries.**

## **B. Maternal and Child Health Care:**

- **Antenatal care to Pregnant Women:**

Continuum of care approach is used to provide maternal and child health services at our center which includes services for – reproductive age women, maternal (Antenatal care for pregnant women), newborn care, child health services (immunization). All the female reproductive issues like Pelvic Inflammatory disease, infertility, reproductive tract infections are managed by the Gynecologist at the health centre which runs twice a week. Total beneficiaries this month were 17 ANC Patients. Family Planning counseling-90 Patients, Gynecology OPD- 24 beneficiaries.

- **Immunization services:**

Immunization services are provided at both Centre and on field through outreach services. Routine Immunization is carried at our center twice a week on Monday and Thursday, while outreach immunization on field is carried out on daily basis for under five years age of children. Vaccination is given against TB, Diphtheria, Pertussis, Tetanus, Hemophilus influenzae B, Hepatitis B, Polio, Rotavirus, Measles, Rubella. Total beneficiaries for Immunization 357

- **Deworming against protozoal infection:-**

Soil Transmitted infections caused by a group of parasites such as worms/hookworm is among the most common infections in children. Those living in poverty are most vulnerable to this infection which can impair their nutrient intake, digestion and absorption causing infectious diarrhea. De worming against protozoal infection is supplemented with immunization. Total 62 beneficiaries for de worming.

- **Vitamin A Supplementation to prevent blindness and infections in children:**

Vitamin A deficiency can cause visual impairment like night blindness and August increase risk of infection in children. Vitamin A Deficiency affects about 190 million preschool age children (as per WHO e-library of Evidence for Nutrition Actions). Vitamin A is supplemented with the immunization, 132 total beneficiaries in the month of Oct-2023 to Dec - 2023.

- **Tuberculosis :**

Activities at the centre for Tuberculosis.

1. Home environment: Importance of environment (such as space, ventilation and overcrowding) in the prevention of the spread of TB. Further, DOTS provider explains the importance of adherence to treatment and completing the complete course of AKT. They also

emphasize the problem associated with irregular treatment and defaulter.

2. Awareness among family members:

The family members are educated about mode of TB transmission, precaution to be taken to prevent the spread of disease and Importance of timely intake of medicines and development of drug resistance due to incomplete and inadequate treatment. Family members were also advised to visit the health center in case of symptoms such as Cough (>2Weeks), Fever and decreased appetite. Total beneficiaries -183

- **Awareness Session on Human Rights Day:-**

Activity:

- Conducted an awareness session.
- Celebrating Human Rights Day 2023
- Empowering community people about their rights. **No. of Beneficiaries: 22**

On the occasion of World Human Rights Day, a session at Lallubhai Health Centre was conducted. In this session, it was impressed upon that Human rights are rights that we have simply because we exist as human beings - they are not granted by any state. It was explained that these universal rights are inherent to all, regardless of nationality, sex, national or ethnic origin, color, religion, language, or any other status. They range from the most fundamental - the right to life - to those that make life worth living, such as the rights to food, education, work, health, and liberty.



- **GENERAL HEALTH CHECK UP CAMP AT SHANKAR NAGAR SLUM NO 127 (GOVANDI):**

Doctors for you conducted a health checkup camp at Shivaji Nagar Shankar Nagar Slum No 127 – Govandi on 28th December 2023. This camp was conducted in order to create health awareness about different health related issues and for the better medical condition of the patients living in that same location, making healthcare accessible to all.

In this camp free medical checkup, free sugar test, hemoglobin test, blood pressure test, etc. was conducted for all the beneficiaries and free medicines were also distributed. There was also dental checkup done for all the patients. Soap was also distributed in the same location as there is not much awareness about hygiene. Most of the patients had skin & normal cough & cold related problem. Total **no of beneficiaries were 96.**

#### **GENERAL HEALTH CHECK UP CAMP AT MRVC OFFICE & CONSTRUCTION SITE**

Location: Churchgate (MRVC OFFICE) & Chunnabhatti (Railway construction site).

**Activity:** Conducted a Health camp for the construction workers

1) Distribution of free medicines

**2) Free vital check up No. of Beneficiaries:- 77**

Universal Health Coverage (UHC) Day is observed on 12<sup>th</sup> December every year to emphasize the need for a health care system that provides equitable and good health care along with financial protection for everyone who needs it, close to where they live. On this day, Doctor's for you conducted a Health Check up Camp at Churchgate & Chunnabhatti location. Free vital checkup was done, followed by doctors' consultation and medicines were distributed free of cost.

The total number of beneficiaries for this camp were:

MRVC OFFICE: - **57**

MRVC CONSTRUCTION SITE: - **20.**

CHUNNABHATTI RAILWAY CONSTRUCTION SITE



MRVC OFFICE- CHURCHGATE



## 2. Nutrition:

MRVC, in association with HMK charitable foundation, which runs an initiative called 'Akshaya Chaitanya' in Mumbai to provide healthy and nutritious lunch meal to children in municipal schools in Chembur/Mankhurd/Govandi areas of Mumbai to arrest class room hunger for better learning outcome under the project name "Bal Shiksha Ahara", have started serving meals to students of IXth and Xth standard in few schools since November, 2023.

The summary of meals served upto 31 st December, 2023.

Name of school	#Meals Upto Dec -23
Chembur station Marathi Secondary school	6775
Chembur Station Urdu Secondary School	6415
Chembur Ghatla Secondary School	3290
<b>TOTAL</b>	<b>16480</b>

### Few Glimpses:

