

Report on CSR and sustainable Development for January – 2024 to March-2024

Health Care Services

The Corporation runs a Health Centre in the R&R Mankhurd in association with “Doctors for you”, where various health care services are provided to the local public at highly subsidized cost.

MRVC Health Centre at Lallubhai Compound, Mankhurd is functional since 2013. The services are provided at the health centres on daily basis, like general OPD, dental OPD, Tuberculosis treatment, Immunization, Growth monitoring OPD, family planning and maternal & child health services. In the health centre at Lallubhai compound, specialized services i.e. physiotherapy and disability rehabilitation, Gynecology clinic, Eye clinic and Skin disease, Psychiatric, heart ailment treatment etc. are also provided. The OPD services are backed up by laboratory services and pharmacy. With the opening of this health centre, quality health services are easily accessible and affordable to residents of these PAP resettlement colonies and nearby slum areas. The Health Centre has been providing health care services to more than 7.5 lakh persons since its inception.

Various health care services undertaken during the period Jan -2024 to March-24 are detailed below:

Sr. No.	Particulars	No.of Patients (Jan-24-March-24)
1	General OPD	3038
2	Maternal and child health	1254
3	Dental Clinic	712
4	General Physiotherapy	1250
5	Special OPD	404
6	Under Five OPD	1715
7	TB Clinic	7356
8	Pathology	1149
	TOTAL	16878

Total Number of Patients that availed services at Lallubhai compound center in the month of Jan-24-March, 2024 – **16878 Beneficiaries.**

B. Maternal and Child Health Care:

- **Antenatal care to Pregnant Women:**

Continuum of care approach is used to provide maternal and child health services at our center which includes services for – reproductive age women, maternal (Antenatal care for pregnant women), newborn care, child health services (immunization). All the female reproductive issues like Pelvic Inflammatory disease, infertility, reproductive tract infections are managed by the Gynecologist at the health centre which runs twice a week.

- **Immunization services:**

Immunization services are provided at both Centre and on field through outreach services. Routine Immunization is carried at our center twice a week on Monday and Thursday, while outreach immunization on field is carried out on daily basis for under five years age of children. Vaccination is given against TB, Diphtheria, Pertussis, Tetanus, Hemophilus influenzae B, Hepatitis B, Polio, Rotavirus, Measles, Rubella.

- **Deworming against protozoal infection:-**

Soil Transmitted infections caused by a group of parasites such as worms/hookworm is among the most common infections in children. Those living in poverty are most vulnerable to this infection which can impair their nutrient intake, digestion and absorption causing infectious diarrhea. De worming against protozoal infection is supplemented with immunization.

- **Vitamin A Supplementation to prevent blindness and infections in children:**

Vitamin A deficiency can cause visual impairment like night blindness and August increase risk of infection in children. Vitamin A Deficiency affects about 190 million preschool age children (as per WHO e-library of Evidence for Nutrition Actions). Vitamin A is supplemented with the immunization.

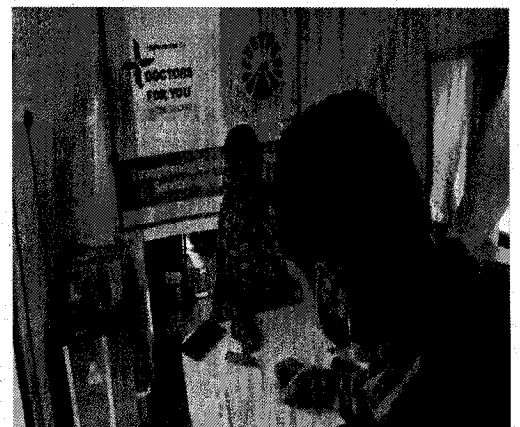
- **Tuberculosis :**

Activities at the centre for Tuberculosis.

1. Home environment: Importance of environment (such as space, ventilation and overcrowding) in the prevention of the spread of TB. Further, DOTS provider explains the importance of adherence to treatment and completing the complete course of AKT. They also emphasize the problem associated with irregular treatment and defaulter.
2. Awareness among family members:
The family members are educated about mode of TB transmission, precaution to be taken to prevent the spread of disease and Importance of timely intake of medicines and development of drug resistance due to incomplete and inadequate treatment. Family members were also advised to visit the health center in case of symptoms such as Cough (>2Weeks), Fever and decreased appetite.

- **GENERAL HEALTH CHECK UP CAMP AT SHANKAR NAGAR SLUM NO 127 (GOVANDI):**

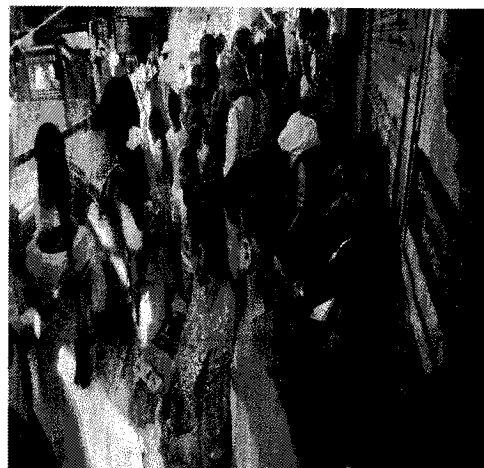
A health check up camp was conducted at Shivaji Nagar Rafique Nagar Slum No 15 – Govandi on 12th January 2024. A free medical health camp was held for all the slum people wherein free sugar test, hemoglobin test, blood pressure test, etc., followed by consultation of Doctor was done and free of cost medicines were also distributed in this camp. This camp was very much beneficial for the people of slums located near the Dumping Area.



- **GENERAL HEALTH CHECK UP CAMP AT HOLY ALI SCHOOL on 26th January, 2024**

Location: Shivaji Nagar, Plot No 8 Activity:

Flag hoisting, Hand wash session, General health camp, Awareness session with women on anemia, Celebration of Republic Day with the school children, Distribution of free medicines and free soap

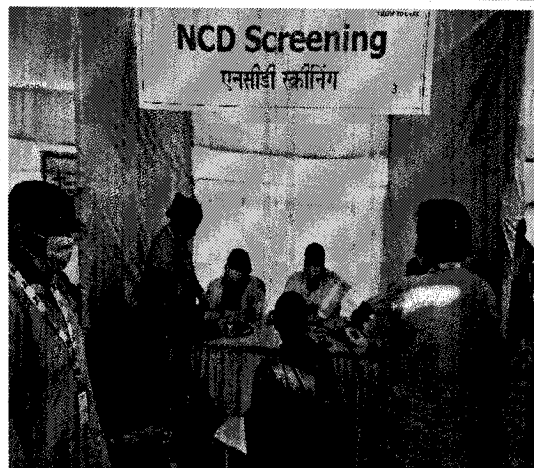
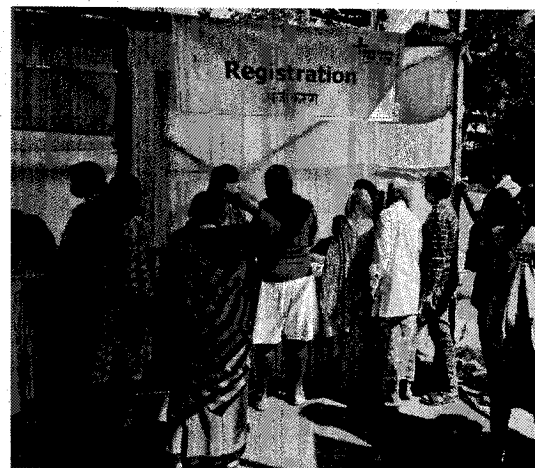



A hand wash activity was organized for the children and also conducted flag hoisting at Shivaji Nagar road no 1, Govandi. This initiative aimed to provide hand wash activity to the local children's studying in Holy Ali high school, ensuring better access to healthy environment. Also conducted health camp with school children. The There was also awareness session conducted by doctors on anemia prevention.

February-24

- **MEGA HEALTH SCREENING CAMP AT LALLUBHAI COMPOUND GROUND (MANKHURD):**
 - 1) Malnutrition Screening
 - 2) Oral check up
 - 3) Soap distribution
 - 4) Dermat, Opthal, General, Dental
 - 5) Distribution of Pamphlets on Anemia & Blood Pressure
 - 6) Blood donation
 - 7) Free medicines distribution

🏠 conducted A Mega camp on 15th February 2024. In this camp there were malnutrition screening, oral Cancer checkup, free consultation of dental, general, physiotherapy, dermat and ophthal screening of patients. There was free distribution of medicines to the patients. A hand wash activity was also organised in this camp, followed by soap making along with a blood donation campaign. Free of cost ECG was also provided , thyroid and anemia check up by doctors .



- GENERAL HEALTH CHECK UP CAMP AT INDIAN OVERSEAS BANK on 10th February, 2024
- Location: CSMT (Indian Overseas Bank)
Activity: 1) General Check UP
- Distribution of free medicine's 
 - Free soap Distribution
 - Blood Donation camp
 - Oral Cancer Screening
 - An health checkup camp was organized followed by blood screening of patients and blood donation activity.
- **GENERAL HEALTH CHECK UP Camp On Womens Day on 8th March, 2024**

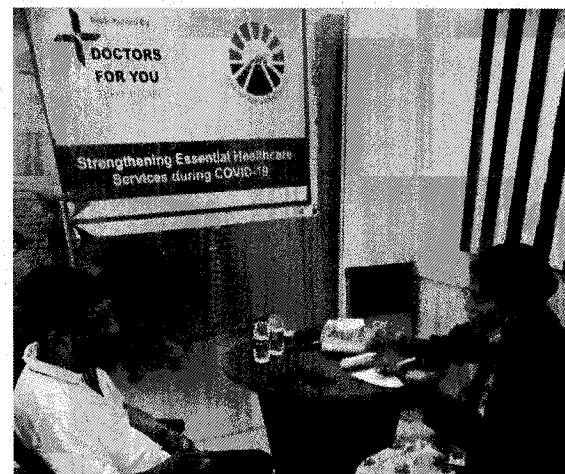
Location: Govandi (Budh Vihar)

Activity: 1) General Check UP

2) Distribution of free medicine's 

3) Free Hygiene Kit Distribution

A free health checkup camp was organized for all the women and celebrated Women's day on 8th of March. To give special importance to women on their special day, free anemia, B.P, Sugar, test for each and every woman at that location was organized. There was also awareness session conducted by doctors on Cleanliness that need to be maintained during periods, during pregnancy, etc. Also discussed about different types of materials used during periods such as: - Menstrual Cups, different types of pads, period's panties, etc. Hygiene kit & First Aid Kit was distributed to all women. The Hygiene Kit consisted of Brush, Colgate, Sanitary Pads, Nail Cutter, Hand wash, Sanitizer and In First Aid Kit Consisted of ANTISEPTIC Liquid, Dettol, Cotton Roll, Bandage, Beta dine Cream.



- **HEALTH SCREENING CAMP AT JANATA
NAGAR (MANKHURD) on 26th March, 2024**

- 1) Free medicines distribution
- 2) General Check up
- 3) B.P & SUGAR check up

Health camp was conducted on 26th March 2024. This camp was organized to celebrate World T.B Day and the location of this camp was Janta Nagar, Mandala – Mankhurd. There was a free health checkup & awareness done on TB along with free distribution of medicines to the patients. Most of the complaints at such camps are skin infection- related problems. This camp was organized to ensure better access to an healthy environment.



2. Nutrition:

MRVC, in association with HMK charitable foundation, which runs an initiative called 'Akshaya Chaitanya' in Mumbai to provide healthy and nutritious lunch meal to children in municipal schools in Chembur/Mankhurd/Govandi areas of Mumbai to arrest class room hunger for better learning outcome under the project name "Bal Shiksha Ahara", have started serving meals to students of IXth and Xth standard in few schools since November, 2023.

The summary of meals served from 1st Jaunaruy, 2024 to 31st March, 2024

Name of School	#Meals Jan-24 to March-24
Chembur station Marathi Secondary school	15091
Chembur Station Urdu Secondary School	14187
Chembur Ghatla Secondary School	6349
Dharavi Kala Killa Higher Secondary School	10397
TOTAL	46021

Beneficiary Pictures

